

Lordship Hub Co-op

Community building in every sense

Hub Day with AGM, taster sessions & film show

All Welcome!

16 October 2021 11.00-3.30pm

Taster Sessions from 11 to 1.30 – Come and try some of our regular activities

Community Room

11.30 - 12.00 Uptop Dance taster – Street dance class for 6-11 year olds (younger children also welcome)

12.00 – 12.30 Hatha Yoga taster for adults

General Activities Room

11.00 – 11.30 Baby College - Sing, Sign, Dance, Language Development/Speech Development, Learning Games, Memory Games, Cognitive & Visual Development, Musical Play and more. 0-2yrs.

11.40 – 12.10 Tiny time - Cheery introduction for toddlers to musical concepts; featuring singing, instruments, bubbles, colourful scarves, and dancing.

12.20 – 12.50 Capoeira for children - Beautiful blend of music, acrobatics and dance.

1.00 – 1.30 Hula Hoop - weather permitting outside

12.30 – 1.30 Film Show

1.30 – 2.30 AGM in the General Activities Room

The Hubs Annual General Meeting – Come and have your say – All welcome!

2.30 – 3.30 Social with Music, snacks and drinks